

April

2019

HMS Football

Helena Middle School Football Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7 th Grade Workouts 3:00 to 5:00	2 7 th Grade Workouts 3:00 to 5:00	3	4 7 th Grade Workouts 3:00 to 5:00	5	6
7	8 7 th Grade Workouts 3:00 to 5:00	9 7 th Grade Workouts 3:00 to 5:00 7:00 am Issue Equipment: 7 th grade	10 7:00 am Issue Equipment: 7 th grade	11 7 th Grade Workouts 3:00 to 5:00 7:00 am Issue Equipment: 7 th grade	12 7:00 am Issue Equipment: 7 th grade	13
14	15 6 th Grade Conditioning	16 6 th Grade Conditioning Spring Payment Due (\$75)	17	18 6 th Grade Conditioning	19	20
21	22 Spring Training 3:00 to 6:00	23 Spring Training 3:00 to 6:00	24 Spring Training 3:00 to 6:00	25 Spring Training 3:00 to 6:00	26	27
28	29 Spring Training 3:00 to 6:00	30 Spring Training 3:00 to 6:00				

May

2019

HMS Football

Helena Middle School Football Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			¹ Spring Training 3:00 to 6:00	² Spring Training 3:00 to 6:00	³	⁴
⁵	⁶ Spring Training 3:00 to 6:00	⁷ Spring Scrimmage 5:00 pm Location: TBD	⁸	⁹	¹⁰	¹¹
¹²	¹³ 7 th Grade Workouts	¹⁴ 7 th Grade Workouts	¹⁵	¹⁶ 7 th Grade Workouts	¹⁷	¹⁸
¹⁹	²⁰ Off	²¹ Off	²² Off	²³ Off	²⁴ Off	²⁵
²⁶	²⁷	²⁸	²⁹	³⁰	³¹	

June

2019

HMS Football

Helena Middle School Football Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	OFF	OFF	OFF	7	8
9	10	OFF	OFF	OFF	14	15
16	17	OFF	OFF	OFF	21	22
23	24	25	26	27	28	29
		Summer Workouts/ Installation 7:00 to 11:00	Summer Workouts/ Installation 7:00 to 11:00	Summer Workouts/ Installation 7:00 to 11:00 \$150 Spirit Pack Payment Due.	<i>7:00 am Issue Equipment:</i> <i>7th grade</i>	

July

2019

HMS Football

Helena Middle School Football Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 OFF	2 OFF	3 OFF	4 OFF	5 OFF	6
7	8 Summer Workouts/ Installation 7:00 to 11:00	9 Summer Workouts/ Installation 7:00 to 11:00	10 Summer Workouts/ Installation 7:00 to 11:00	11 Summer Workouts/ Installation 7:00 to 11:00	12 OFF	13
14	15 OFF	16 All Star Week Workouts: 7:00 to 9:00	17 All Star Week Workouts: 7:00 to 9:00	18 All Star Week Workouts: 7:00 to 9:00	19 OFF	20
21	22 OFF	23 Summer Workouts/ Installation 7:00 to 11:00	24 Summer Workouts/ Installation 7:00 to 11:00	25 Summer Workouts/ Installation 7:00 to 11:00	26 OFF	27
28	29 OFF	30 Summer Workouts/ Installation 7:00 to 11:00 7 on 7 @ Chelsea Middle Time: TBA	31 Summer Workouts/ Installation 7:00 to 11:00			

August

2019

HMS Football

Helena Middle School Football Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Summer Workouts/ Installation 7:00 to 11:00	2 OFF	3
4	5 OFF	6 Practice 3:30 to 6:00	7 Practice 3:30 to 5:30	8 Practice 3:30 to 6:00	9 Practice 3:30 to 6:00	10
11	12 Practice 3:30 to 6:00	13 Practice 3:30 to 6:00	14 Practice 3:30 to 5:30	15 Practice 3:30 to 6:00	16 OFF	17 Husky Day
18	19 Practice 3:30 to 6:00	20 Practice 3:30 to 6:00	21 Practice 3:30 to 5:30	22 Practice 3:30 to 6:00	23 Practice 3:30 to 6:00	24 Jamboree Pelham Park 9:00 am
25	26 Practice 3:30 to 6:00	27 Practice 3:30 to 6:00	28 Practice 3:30 to 5:30	29 @ Pell City 7th: 5:30 8th: 7:00	30 OFF	31